Diversity, Equity and Inclusion Tips Sheet for the Clinical Learning Environment, Version 1.0 Developed by the UCSF Academy of Medical Educators DEI Committee 2019

Challenges	Strategies
Inequity/imbalances in relationships w/ diverse learners	Set up 1-on-1 time to get to know team members individually (message: I care about you); Knowing learners as individuals, rather than members of stereotyped groups combats risk of unconscious bias
Intent vs. Impact: We make mistakes	<ul> <li>Own your values/set the stage for discussion:</li> <li>DEI in intro's (DEI is important to me I wish microaggressions didn't happen, but when they do I want everyone to know that I'm here to debrief whenever that is helpful)</li> <li>Notice &amp; self-critique when we fail (I wish I'd known what to say when X happened; I'm going to set this as a personal learning goal)</li> <li>Remember explaining intent does NOT mitigate impact of microaggressions; a sincere apology coupled with learning how to do better in the future are both needed</li> <li>Remember: asking for feedback from learners puts onus on learner who already has much at risk; avoid trap of expecting UIM learners to be our teachers (= diversity tax)</li> </ul>
Implicit exclusionary messaging (e.g. setting up a "pedigree," unintentionally creating an in-group & out-group)	<ul> <li>Thoughtful icebreakers</li> <li>Invoke learners' strengths (affirmations can mitigate the impact of microaggressions, imposter syndrome, &amp; stereotype threat)</li> <li>Notice/consider who talks first &amp; how this may unintentionally set a tone of exclusion</li> <li>Allow learners to define themselves/call out their own strengths—let individuals control their narrative (What are you passionate about outside of the hospital?)</li> <li>What are you looking forward to during this rotation?</li> <li>Would you share something you learned this week/on your last rotation?</li> <li>What are your learning goals for this rotation? How can we help one another reach those goals?</li> </ul>



Hidden curriculum (e.g. who/what is valued?)	<ul> <li>Explicitly role model inclusive values; avoid medical-centric models:</li> <li>Use inclusive language &amp; questions</li> <li>Acknowledge/Call out strengths across professional lines: We are so lucky to have a pharmacist on our team—can I ask you to share some pearls with our team this week?</li> <li>Interprofessional approach to inpatient checklist</li> <li>Foster opportunities for connection</li> <li>Call out strengths &amp; contributions of interprofessional colleagues</li> <li>Publicly ask colleagues from other professions for input (consider how we model value &amp; collegiality in front of learners)</li> <li>Remember importance of body language</li> </ul>
Implicit Bias; Attribution Bias (e.g. re: patients)	<ul> <li>Acknowledge bias; point out value of sharing if discomfort comes up [Bravery] (<u>but</u> remember risks for students here, often least empowered team members)</li> <li>Mindfulness is key: Take 10 seconds to land in the teaching moment &amp; remember your intentions around DEI (before you walk in the room)</li> <li>Encourage teammates to advocate for each other (<u>but</u> be aware of risk for learners have more at risk/faculty have the most privilege/least risk; allyship from faculty is ideal)</li> </ul>
Imposter syndrome	<ul> <li>Identify &amp; normalize this issue; discuss how it can impact learning</li> <li>Express vulnerability &amp; share relatable experiences: I remember when I felt like I didn't belong; I recently felt imposter syndrome when</li> <li>Highlight when learners accomplish goals</li> <li>Encourage question-asking; model "I don't know"</li> <li>Create opportunities for learners to reflect on what brought them to the health professions &amp; to acknowledge their accomplishments so far on this path</li> </ul>
Stereotype threat	<ul> <li>High expectations, warmly set → re-frame constructive feedback as based on confidence in our learners' high potential</li> <li>Personally reflect on our own unconscious "ideal" when evaluating learners → what identity/background/attributes are we holding learners to, is it equitable/desirable/appropriate?</li> </ul>

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Inequity in differential learning opportunities	<ul> <li><u>All</u> learners need varied learning opportunities (be aware of tendency pigeon hole certain learners – e.g. focusing on language concordance can be problematic if it limits learners' clinical experiences)</li> <li>Ask learners 1-on-1 how they learn best (e.g. in groups, in writing, on-the-fly); be sure team members have opportunities to shine in their preferred learning method</li> <li>Educate teams on 'step up/step back' or 'take space/make space' models</li> </ul>
Diversity Tax	Allyship: Those with privilege (comes in many forms) need to build skills & participate, with accountability, in justice work and allyship to relieve time & stress burdens on UIM learners

